

OFERTA ACTIVITATS DIRIGIDES OBERTES A PARTIR DE MAIG

HORARI	DILLUNS	DIMARTS	DIMECRES	DIJOUS	DIVENDRES	DISSABTE		
8 a 9		SPINNING MAVI		SPINNING MAVI		10 a 11		
9,15 a 10,15	BODY PUMP MAVI	BODYCOMBAT MAVI	CXWORX MAVI	BODYBALANCE MAVI		11 a 12		
						TBC MAVI		
						PILATES MAVI		
14,30-15,30						18-19,30		
15,30-16,30	GAC MILI	PILATES MAVI	GAC MILI	PILATES MAVI	BODY PUMP PEDRO			
					CXWORX PEDRO			
17-18								
18-19	PILATES MAVI	BODY BALANCE LORENA	PILATES MAVI	BODY BALANCE LORENA	18:15 ABDOMINALS MAVI			
19-20	BODYPUMP JUANBA	SPINNING PEDRO	GAC ESTELA	BODYPUMP JUANBA	SPINNING PEDRO	GAC ESTELA	BODY BALANCE MAVI	
20-21	SPINNING SARA	BODY COMBAT JUANBA	SPINNING JAVI	STEP ESTELA	SPINNING SARA	BODY COMBAT JUANBA	SPINNING JAVI	CXWORX PEDRO
21-22	BODY PUMP JUANBA	BODYCOMBAT PEDRO	BODY PUMP JUANBA	BODYCOMBAT PEDRO				

Telf. 96 254 3578

ACTIVITATS MUSCULARS
 ACTIVITATS CARDIOVASCULARS
 ACTIVITATS WELLNESS
 ACTIVITAT COMPLETA / MATRICULA TANCADA
 ACTIVITAT DE NOVA OBERTURA / NOVETAT **NOU**

